

A GUY BY THE NAME OF A.W. TOZER ONCE SAID, "WHAT COMES INTO OUR MINDS WHEN WE THINK ABOUT GOD IS THE MOST IMPORTANT THING ABOUT US."

IN OTHER WORDS, WHAT WE BELIEVE ABOUT GOD IMPACTS EVERY PART OF OUR LIFE BECAUSE BELIEF DRIVES BEHAVIOR.

JESUS CAME TO BRING US GOOD NEWS, BUT HOW MANY OF US ARE LIVING TRAPPED BY LIES? IS IT POSSIBLE THAT YOU'VE LIMITED GOD'S WORK IN YOUR LIFE BECAUSE YOU'VE LABELED HIM INCORRECTLY?

JESUS ONCE SAID, "THE TRUTH WILL SET YOU FREE." BUT THE TRUTH IS... MOST OF US DON'T EVEN KNOW WHAT THE TRUTH IS ANYMORE, AND WE'VE ALLOWED THE WORLD'S FAKE VIEWS TO INFLUENCE HOW WE THINK ABOUT GOD.

KNOW THIS ... GOD IS BIGGER AND BETTER THAN THE BOX WE HAVE A TENDENCY TO PUT HIM IN.

WHAT WOULD CHANGE IF YOU KNEW GOD WAS FOR YOU?

WHAT WOULD YOU DO DIFFERENTLY IF YOU KNEW GOD WAS ON YOUR SIDE?

WHAT WOULD YOU BECOME IF YOU BELIEVED THE TRUTH ABOUT GOD?

THIS PLAYBOOK IS AN INVITATION FOR YOU TO THINK ABOUT - REALLY THINK ABOUT - WHAT YOU SAY, THINK, AND BELIEVE ABOUT GOD.

WHAT YOU BELIEVE ABOUT HIM MATTERS BECAUSE YOU'LL NEVER KNOW THE REAL YOU UNTIL YOU KNOW GOD IN A REAL WAY.

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LET'S GET CURIOUS ABOUT OUR BELIEF SYSTEMS, IT MATTERS MORE THAN YOU KNOW.

WHYTH LET'S GO!

WEEK ONE

SPEAK TRUTH

Let's Talk This Out

- 1. Ice-breaker: Play the game two truths and a lie. (Never played before? Here are the instructions: Everyone should think of three statements about themselves. Two must be true statements, and one must be false. The goal is for others to determine which of your three statements is false.)
- 2. What comes to your mind when you think about God? Why do you think this question is so important?
- 3. Jesus was always reinforcing the picture of God as our Father. Does this image help you draw close to Him, or does it make that more difficult for you? Talk about it.
- 4. What is the craziest lie you ever believed? Give reasons for what made you believe.
 - 5. Go around the circle and each person say something that is true about God (Discuss each if prompted) (Go until the crew is unable to list anymore truthful statements. How many were you able to list?)
 - 6. What are you believing about you that's not true? Once you identify the lies you've been believing, start speaking truth over yourself to replace those lies.



"The Lies You Believe Become The Truths You Perceive" TALK ABOUT THIS

Exercise

Sometimes the best way to discover what you're not is to realize what you are!
You're not what other people have said about you.
You're not a number on a scale or a grade on a test.
Dig into these verses this week to discover what your Creator says about you.
He made you, so let Him be the one who says who you are.
Pick one verse a day to meditate on this week.

Genesis 1:27

Psalm 139:14

Romans 8:17 Matthew 5:14

John 15:15

1 Thessalonians 1:4

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2 Corinthians 5:17

OPEN YOUR BIBLE

JOHN 8:31-47

ZECHARIAH 8:14-17

JAMES 1

3 JOHN 1

2 TIMOTHY 2:8:16



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KNOW TRUTH

Let's Talk This Out

- 1. Ice-breaker: If you could invent an App what would it be?
 - 2. Bad news creates bad beliefs. What bad news have you received that has shaped your belief system?
 - 3. Where are you treating lies like facts? Where are you treating facts like lies?
- 4. Some of Jesus' closest friends had doubts when it came to God. Why do you think they doubted God? What are some doubts you have seen yourself struggle with?
 - 5. When it comes to some of the doubts you have what do you know is True?(Could it be that what you belive may not be true?)

"Just Because I Want Something To Be True Doesn't Mean It Is"

"Truth Isn't Relative, Truth Is Truth"
TALK ABOUT IT

- 6. Have you found that being in God's Word is helpful for you when you need to challenge doubts? What are some other ways we can seek God?
- 7. If your friends were struggling with reading the Word, where would you have them start?

Exercise

Jesus said the truth will set us free (John 8:32), and then He told us that He was the truth (John 14:6). So, to know Jesus is to know the truth. And Jesus was God made visible, so if you're wondering about God, get to know Jesus. Don't know where to start? Pop open your Bible and start reading the book of John!

OPEN YOUR BIBLE

<u>JOHN 14:1-14</u>

1 CORINTHIANS 13

JOHN 3:1-21

ROMANS 10



Let's Talk This Out

- 1. Ice-breaker: Do you have any hidden talents no one knows about? What are they?
 - 2. What does it mean to Show Truth? What do you think of when you hear the word Integrity?
- 3. Who is someone in your life you look to that has strong character or integrity? Explain why they stand out to you.
 - 4. What is one way you've hidden your beliefs in the past instead of sharing them with others? (An example could be not speaking up when a friend asks a question about God.)
- 5. Why do you think it's sometimes easier to hide what God has given us than it is to share it? What causes us to keep our faith a secret?

"Living in truth may cost you something But it's worth everything Living a lie may cost you everything and be worth nothing at all"

TALK ABOUT IT

- 6. On a scale of 1-10, how comfortable are you talking about Jesus with the people in your world? Explain your answer.
- 7. What's one practical way you can show the Truth about Jesus this week?
 - 8. What has been your biggest takeaway from this study?
 - 9. What new truth are you walking in?

EXERGISE

Open your bible this week and read one of the following scriptures each day. Make an effort to show God in some way to someone this week. By showing Jesus weather it be an act of kindness, or an invite to YTH you then are playing part in helping someone come to know the truth about who God is. When they see you let them see Jesus. Thats how we show Truth!

OPEN YOUR BIBLE

1JOHN 3:16-24

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EPHESIANS 4

PHILIPPIANS 4:4-9

ISAIAH 42:1-9

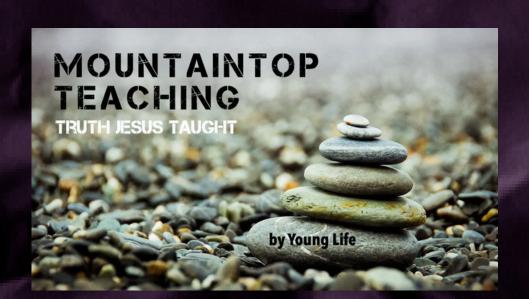


BONUS MATERIAL

BIBLE PLANS



Thinking Truth



WORSHIP PLAYLISTS



ADDITIONAL SERMONS





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YOUR TRUTH IS NOT THE

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